



Please keep in mind:

A person can be a carrier of the virus (COVID-19) without having any symptoms and can be contagious and transmit it to other people without knowing it. This is why it is important to follow hygiene, distancing yourself and wearing a mask at all times. It is possible to catch COVID-19 even if you are triple vaccinated.

Possible symptoms of COVID-19 Typical symptoms (compare with the person's usual condition)

1. Most common signs and symptoms:

- Fever in adults: 100.4°F (38°C) and higher (oral temperature) -- in the elderly: 100°F (37.8°C) and higher (oral temperature)
- Sore throat, tingling throat
- Recent dry cough or exacerbation of a chronic cough
- Difficulty breathing, shortness of breath (dyspnea)
- Sudden loss of smell or taste
- Extreme fatigue or weakness
- Headache

1. Other possible symptoms:

- Sputum production
- Generalized muscle pain
- Earache = pain in the ear
- Nausea or vomiting
- Abdominal pain
- Significant loss of appetite
- Rhinorrhea or nasal congestion of unknown cause
- Diarrhea

2. Other possible symptoms in the elderly

- Confused
- Sleepy
- "You don't recognize him/her anymore"
- Restless
- Aggressive or irritable
- Loss of appetite
- Sleep disturbance
- Loss of independence: falls or new incontinence



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